

Bezpłatna Pomoc Psychologiczna

**POTRZEBUJESZ WSPARCIA?
ZNASZ KOGOŚ, KTO GO SZUKA?**

**BEZPŁATNA
POMOC
PSYCHOLOGICZNA**

A close-up photograph of a hand reaching out, palm facing up, in a gesture of offering help or support. The hand is slightly blurred, suggesting movement or a shallow depth of field. The background is dark and out of focus, with some bokeh light spots.